Mental Health Resources for Persons of Color

Black Mental Health Alliance: blackmentalhealth.com 401-338-2642

Mental Health for Black Men: blackmenheal.org

Mental Health for Black Women: sistaafya.com

Asian and Asian American Mental Health Resources: https://www.theprojectlotus.org/resources

https://www.mhanational.org/issues/black-and-african-american-communities-and-mental-health : A comprehensive website summarizing Black and African American mental health statistics and related information including access to services and mental health providers.

https://www.purewow.com/wellness/mental-health-resources-for-people-of-color?utm_campaign=rss&utm_medium=syndication&utm_source=flipboard : Describes and provides links to 15 valuable mental health resources for people of color with an emphasis on coping with the effects of racism.

https://www.self.com/story/black-mental-health-resources : Provides "44 Mental Health Resources for Black People Trying to Survive in This Country", with an emphasis on managing the effects of racism.

https://culturalsomaticsuniversity.thinkific.com/courses/cultural-somatics-free-5-session-ecourse : Provides access to a "Free 5 Session Ecourse on Healing From Racialized Trauma."

https://www.cec-cincy.org/bipoc-mh-provider-directory: BIPOC Mental Health and Behavioral Health Provider Directory

Cincinnati Association of Black Psychologists- Dr. Ritch Hall, Ph.D. (president)
Cincinnati.abpsi@gmail.com or ritchie.hall2@gmail.com

Mental Health Services Offered by Providers of Color in the Oxford Region (updated 9/2020)

Psychology Clinic, Miami University, Oxford 513-529-2423

- Lauren Evans Toben, Ph.D., Director
- *If desired, call and request therapists of various backgrounds; staff changes each year*

Miami University Student Counseling Service, Oxford 513-529-4634 (Services available only to currently enrolled Miami-Oxford students)

- Ritch Hall, Ph.D., Coordinator of Substance Abuse Services
- Saul Rivera, Ph.D., Assistant Director for Clinical Services
- Tong-An Fred Shueh, Ph.D., Coordinator of Counseling Services to International Students
- Melanie Uy, Psy.D., Staff Psychologist
- John Ward, Ph.D., Director
- *If desired, call and request therapists of various backgrounds; staff changes each year*

Butler Behavioral Health, 10 N. Locust, Suite C-1, Oxford, 513-896-7887

- *If desired, call and request therapists of various backgrounds, who are available via telehealth.*

Psychworks LLC, Cincinnati Ohio, 513-549-0646 PsychworksLLC@gmail.com
(telehealth/remote services only at this time)

Directories to locate therapists of color outside of Oxford region, e.g. via telehealth:

https://www.justdavia.com/blog/directories-for-therapists-of-color

https://www.beam.community/bvtn

Psychiatrists

Percy Mitchell, M.D., 1045 Summit Dr, Middletown, OH 45042, Phone: (513) 727-1987

Emad Alshami, M.D., 1060 Summit Dr B, Middletown, OH 45042, Phone: (513) 423-4546

Quinton Moss, M.D., Modern Psychiatry and Wellness, LLC, 1910 Fairgrove Ave, Hamilton, OH 45011, Phone: (513) 299-4053. (Specializing in treatment of substance use disorders.)