Sample of Assorted Resource Links for Increasing Cultural Competency and Proficiency

<u>https://nccc.georgetown.edu/assessments/</u>: National Center for Cultural Competence, provides an array of organizational and individual assessment tools and guidelines for assessing cultural competence for a variety of organizations including health, education, and policy creators.

<u>https://www.tolerance.org/professional-development/test-yourself-for-hidden-bias</u> :Teaching Tolerance, an overview of the concepts of prejudice, hidden bias, which is an excellent preparation for completing the Implicit Association Test below:

<u>https://implicit.harvard.edu/implicit/takeatest.html</u>: Harvard Implicit Association Test, provides a confidential self-assessment of one's implicit biases. This can be an excellent tool for learning about ourselves and our internalized biases around demographic categories which can help us set our own personal goals for growth in the area.

<u>https://www.awarela.org/toolkit</u> : White Anti-Racist Culture Building Toolkit, provides an array of resources to assist in preparing for, running, or participating in groups organized to help White people Show Up For Racial Justice <u>https://www.showingupforracialjustice.org/</u>. These are culture building and consciousness-raising dialogues that complement action groups such as white affinity group dialogues that sustain, maintain, and enhance political action and energy.

<u>https://www.ywcadayton.org/news-events/signature-events/stand-against-racism/</u> : 21 Day Racial Equity and Social Justice Challenge, provides a link to this impactful curriculum and programs sponsored by the YWCA among other organizations.

Ken Pope maintains an excellent website featuring numerous books and articles on anti-racism and racism for mental health professionals: <u>https://kspope.com/ethics/anti-racism.php</u>

The **Kirwan Institute for the Study of Race and Ethnicity** at Ohio State University works to "connect individuals and communities with opportunities needed for thriving by educating the public, building the capacity of allied social justice organizations, and investing in efforts that support equity and inclusion."

https://kirwaninstitute.osu.edu/implicit-bias-101

Racial Equity Learning Exchange Sessions are conducted by Khatib A. F. Wahib, LLC "in support of …organizations working to improve services and outcomes for children and families of color."

https://www.khatibwaheed.com/

Racial Equity Tools "is designed to support individuals and groups working to achieve racial equity. This site offers tools, research, tips, curricula and ideas for people who want to increase their own understanding and to help those working toward justice at every level – in systems, organizations, communities and the culture at large." <u>https://www.racialequitytools.org/home</u>